		Per						Mats						Magnus						Lelle						Johan						Peter						Gemensam snitt tid
	km	Tid	Diff	min/km	km/h	Plac	Trend	Tid	Diff	min/km	km/h	Plac	Trend	Tid	Diff	min/km	km/h	Plac	Trend	Tid	Diff	min/km	km/h	Plac	Trend	Tid	Diff	min/km	km/h	Plac	Trend	Tid	Diff	min/km	km/h	Plac	Trend	
Mångsbodarna	**24,0**	0:54:18	0:54:18	02:16	26,5	413		0:58:07	0:58:07	02:26	24,8	977		1:00:29	1:00:29	02:32	23,8	1299		1:04:27	1:00:29	02:42	22,3	1299		0:53:53	1:00:29	02:15	26,7	362								
Evertsberg	**23,0**	1:48:22	0:54:04	02:22	25,5	379	⇗	1:56:13	0:58:06	02:32	23,8	837	⇗	2:20:04	1:19:35	03:28	17,3	2038	⇘	2:15:03	1:10:36	03:06	19,6	2038	⇘	1:48:03	0:54:10	02:22	25,5	357	⇨							
2010 Hökberg	**24,0**	2:58:24	1:10:02	02:56	20,6	292	⇗	3:18:54	1:22:41	03:27	17,4	905	⇘	3:53:49	1:33:45	03:55	15,4	1743	⇗	4:05:21	1:50:18	04:36	13,1	1743	⇗	3:02:37	1:14:34	03:07	19,3	406	⇘							
Förvarning	**18,5**	3:44:51	0:46:27	02:31	23,9			4:15:32	0:56:38	03:03	19,6			4:53:51	1:00:02	03:15	18,5			5:08:43	1:03:22	03:26	17,5			3:55:58	0:53:21	02:54	20,8									
Mora	**0,5**	**3:45:52**	0:01:01	02:03	29,3	271	⇗	4:16:52	0:01:20	02:41	22,4	1025	⇘	4:55:10	0:01:19	02:38	22,8	1729	⇨	5:10:29	0:01:46	03:33	16,9	1729	⇨	3:57:11	0:01:13	02:28	24,5	531	⇘							04:25:07
Totalt	**90,0**			02:31	23,9					02:51	21,0					03:17	18,3					03:27	17,4					02:38	22,8									
Mångsbodarna	**23,9**	00:58:09	0:58:09	02:26	24,7	1655		0:58:20	0:58:20	02:27	24,59	1707		01:00:08	01:00:08	02:31	23.85	2134		01:03:48	01:03:48	02:41	22,5	2925														
Evertsberg	**26,7**	02:13:13	01:15:04	02:49	21,3	1414	⇗	2:14:05	1:15:45	02:51	21,15	1489	⇗	02:17:57	01:17:49	02:55	20.59	1823	⇗	02:25:30	01:21:42	03:04	19,6	2392	⇗													
2011 Hökberg	**24,9**	03:21:19	01:08:06	02:45	21,9	1387	⇗	3:25:03	1:10:58	02:51	21,05	1606	⇘	03:30:25	01:12:28	02:55	20.61	1875	⇨	03:43:43	01:18:13	03:09	19,1	2499	⇘	**Tyvärr, inte detta år**												
Eldris	**10,3**	03:46:35	0:25:15	02:28	24,5	1222	⇗	3:55:09	0:30:06	02:56	20,53	1642	⇨	04:00:08	0:29:43	02:54	20.79	1865	⇨	04:14:38	0:30:55	03:01	20,0	2456	⇨													
Mora	**8,6**	04:08:07	0:21:32	02:31	24,0	1176	⇗	4:22:16	0:27:07	03:10	19,03	1791	⇘	04:22:09	0:22:01	02:34	23.44	1788	⇗	04:41:53	0:27:15	03:11	18,9	2519	⇘													04:23:36
Totalt	**94,4**			02:38	22,8					02:47	21,6					02:47	21,6					02:59	20,1															
Mångsbodarna	**24,0**	00:52:55	00:52:55	02:13	27,2	2061		00:55:52	00:55:52	02:20	25,8	3133								01:05:45	01:05:45	02:45	21,9	5207		00:52:33	00:52:33	02:12	27,41	1918								
Evertsberg	**26,0**	02:07:12	01:14:17	02:52	21,0	1918	⇗	02:13:45	01:17:53	03:00	20,0	2796	⇗							02:29:47	01:24:02	03:14	18,6	4339	⇗	02:05:30	01:12:57	02:49	21,38	1704	⇗							
2012 Hökberg	**26,0**	03:11:31	01:04:19	02:29	24,3	1861	⇨	03:25:41	01:11:56	02:47	21,7	2945	⇘	**Tyvärr, inte detta år**						03:39:36	01:09:49	02:42	22,3	3787	⇗	03:09:53	01:04:23	02:29	24,23	1731	⇨							
Eldris	**10,0**	03:36:53	00:25:22	02:33	23,6	1838	⇨	03:57:01	00:31:20	03:08	19,2	3121	⇘							04:05:32	00:25:56	02:36	23,1	3572	⇗	03:34:27	00:24:34	02:28	24,42	1655	⇨							
Mora	**9,0**	03:57:10	00:20:17	02:16	26,6	1797	⇨	04:25:26	00:28:25	03:10	19,0	3417	⇘							04:26:35	00:21:03	02:21	25,7	3481	⇨	03:53:48	00:19:21	02:09	27,92	1570	⇗							04:10:45
Totalt	**95,0**			02:30	24,0					02:48	21,5											02:48	21,4					02:28	24,4									
Mångsbodarna	**24,0**	00:53:04	00:53:04	02:14	27,0	2985		00:58:17	00:58:17	02:27	24,6	5493		00:58:16	00:58:16	02:27	24,6	5476		01:02:09	01:02:09	02:37	23,1	6922		00:51:21	00:51:21	02:09	27,9	2063		00:56:16	00:56:16	02:22	25,5	4510		
Evertsberg	**27,0**	02:12:37	01:19:33	03:00	20,1	3889	⇘	02:19:52	01:21:35	03:05	19,6	5143	⇗	02:22:41	01:24:25	03:11	18,9	5548	⇨	02:15:50	01:13:41	02:47	21,7	4441	⇗	02:01:05	01:09:44	02:38	22,9	1686	⇗	02:11:23	01:15:07	02:50	21,3	3665	⇗	
Oxberg Hillrace	**14,2**	02:52:16	00:39:39	45:00	21,9	6743		03:06:27	00:46:35	03:13	18,7	5214		03:10:03	00:47:22	03:16	18,4	6816		02:52:23	00:36:33	02:32	23,8	1890		02:35:51	00:34:46	02:24	25,0	117		02:46:36	00:35:13	02:26	24,7	4008		
2013 Hökberg	**10,3**	03:24:06	00:31:50	15:00	18,5	4102	⇘	03:40:00	00:33:33	03:26	17,5	5563	⇘	03:46:48	00:36:45	03:46	16,0	6087	⇘	03:19:30	00:27:07	02:47	21,7	3623	⇗	03:02:40	00:26:49	02:45	21,9	1721	⇨	03:18:33	00:31:57	03:16	18,4	3521	⇗	
Eldris	**10,3**	03:53:08	00:29:02	51:00	21,1	4117	⇨	04:10:23	00:30:23	02:59	20,1	5501	⇘	04:21:29	0:34:41	03:25	17,6	6266	⇘	03:45:01	00:25:31	02:31	24,0	3379	⇗	03:28:36	00:25:56	02:33	23,6	1781	⇨	03:45:18	00:26:45	02:38	22,9	3408	⇗	
Mora	**8,5**	04:16:30	00:23:22	36:00	23,1	4252	⇘	04:35:11	00:24:48	02:46	21,8	5638	⇘	04:46:48	0:25:19	02:49	21,3	6376	⇘	04:05:06	00:20:05	02:14	26,9	3308	⇨	03:48:18	00:19:42	02:12	27,4	1794	⇨	04:06:07	00:20:49	02:19	25,9	3399	⇨	04:16:20
Totalt	**94,3**				21,9					02:55	20,4					03:02	19,5					02:36	23,5					02:25	24,8					02:37	23,1			
Mångsbodarna	**23,9**	00:55:25	00:55:25	02:19	25,9	4593		00:59:39	00:59:39	02:30	24,0	6520								00:58:27	00:58:27	02:27	24,5	6097		00:51:40	00:51:40	02:10	27,8	2624		00:58:27	00:58:27	02:27	24,5	6095		
Evertsberg	**26,6**	02:07:30	01:12:05	02:43	22,1	3735	⇗	02:18:23	01:18:44	02:58	20,3	5766	⇗							02:14:01	01:15:34	02:50	21,1	5050	⇗	02:02:42	01:11:02	02:40	22,5	2781	⇘	02:14:23	01:15:56	02:51	21,0	5122	⇗	
Oxberg Hillrace	**14,5**	02:40:52	00:33:22	02:18	26,1	517		02:58:21	00:39:58	02:45	21,8	4857		**Tyvärr, inte detta år**						02:50:26	00:36:25	02:31	23,9		⇗	02:39:36	00:36:54	02:33	23,6	5497		02:51:49	00:37:26	02:35	23,2	7020		
2014 Hökberg	**9,8**	03:06:36	00:25:44	02:38	22,9	3197	⇗	03:27:46	00:29:25	03:00	20,0	5661	⇗							03:17:45	00:27:19	02:47	21,5	4628	⇗	03:07:38	00:28:02	02:52	21,0	3343	⇘	03:25:36	00:33:47	03:27	17,4	5442	⇘	
Eldris	**10,2**	03:29:48	00:23:12	02:17	26,4	3134	⇨	03:53:42	00:25:56	02:33	23,6	5582	⇨							03:41:19	00:23:34	02:19	26,0	4434	⇗	03:32:53	00:25:15	02:29	24,2	3454	⇘	03:52:09	00:26:33	02:36	23,0	5450	⇨	
Mora	**9,0**	03:48:34	00:18:46	02:05	28,8	3112	⇨	04:15:33	00:21:51	02:26	24,7	5685	⇘							04:00:57	00:19:38	02:11	27,5	4419	⇨	03:50:39	00:17:46	01:58	30,4	3323	⇗	04:13:46	00:21:37	02:24	25,0	5556	⇘	04:01:54
Totalt	**94,0**			02:23	25,3					02:42	22,4											02:31	24,1					02:27	24,9					02:43	22,4			